

Pre-Op Instructions for Sedation

Responsible Adult Caregiver: An adult must sign our agreement to be responsible for you for 24 hours after your sedation. You and your caregiver must check into your appointment together. Your caregiver can leave, as long as they are within 20 minutes of our office. ***You may not remember your appointment, your post-op instructions, and may not be aware of what you are doing for the rest of the day, even if you appear to be talking and functioning normally.*** You will not be able to drive a vehicle, be responsible for a minor, or make life decisions for up to 24 hours following your sedation appointment.

Do not eat anything in the six (6) hours prior your appointment. Do not consume dairy products (i.e: eggs, milk, cheese) for twelve (12) hours prior to your appointment. Failure to follow these instructions will result in cancelation of your sedation as having anything in your stomach during a sedation can cause a life-threatening complication.

Drink clear fluids up to 2 hours prior. You may take any normal or pre-op medications with a small sip of water only after this time.

Medications: Take your normal medications, unless one of the doctors has recommended that you change your normal routine. Also take the medications that have been prescribed for this appointment. **Only use a sip of water to take these medications if it is within 2 hours prior to your appointment.**

Clothing: Please wear casual loose-fitting two-piece outfits to allow easy monitor application. Please do not wear:

- Contact lenses
- Fingernail polish
- Jewelry
- Dresses

Changes in Health: Call us immediately if you have any changes in your health or medications.

*Unless there has been a change in your health, 1 week's notice is required to cancel or change an existing sedation appointment. Payment in full 1 week prior is required to reserve an IV sedation appointment. Please call our office at **541-683-8646** if you need to make any changes or have any questions prior to your appointment.*