

Post-Op Instructions: Crown Delivery

Please:

- Do not eat or drink for **60 minutes after** your new crown is cemented.
- Do not eat hard or sticky foods **for 24 hours**. It takes the cement this long to fully set.

More information...

- Your new crown may feel tight or as if it is pushing against the teeth next to it for several hours. This discomfort will go away within a day or two.
- Sensitivity, especially to cold, is common after a crown is cemented. The sensitivity may take up to a year to dissipate. It should improve over time, but can take that long to fully go away.
- The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.
- Additionally, we often try to put the edge or “margin” of the crown above your gumline whenever possible. The margin of the crown is the junction between the crown and the underlying tooth. It is the place where you are most likely to get a cavity in the future. By placing the margin above the gum, you can more easily brush this junction and keep it clear of food and plaque.

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- Please follow prescribed oral hygiene instructions-45 degree angle brushing twice a day and flossing once a day to avoid getting a cavity or gum disease around your new crown. Flossing is especially important in preserving the health of your crown or bridge.